

# The Nubian Times

Volume 8 Issue 4 MAY CONTAIN EXPLICIT LYRICS APRIL 2006

GOSPEL ACCORDING TO AFRIKANS/ CRACK HEAD NEWS/ BLACK FACTS

## WHAT ARE WE WORTH? (DA BOOTY)

The staff of the Nubian Network  
with help from Uncle Jessie



Black people are blind to their own wealth. Companies that know Black people's wealth:

DOLLAR GENERAL  
K-MART  
SAMS  
WAL MART  
FOOT LOCKER  
AOL  
HOME DEPOT  
NIKE  
VICTORIA SECRET  
MURRY'S STEAKS  
SUNOCO

TIMBERLANDS  
CIRCUIT CITY



THE BUCK  
STOPS HERE!

AS A GROUP, WHAT ARE  
YOU GETTING FOR YOUR  
MONEY?

MARSHALLS  
CAR MAXX  
MICKEY D's  
EARTHLINK  
BUDWEISER  
MICROSOFT  
BJ'S  
AT&T  
PAYLESS  
MSN  
TOYOTA  
SPORTS AUTHORITY  
IHOP

OLD NAVY  
RENT-A-CENTER  
YAHOO  
TASTYKAKE  
MIDAS  
DEER PARK  
SPRITE (COCA COLA)  
MACYS  
PROCTOR & GAMBLE  
CHUNKY (CAMPBELLS)  
SEARS  
K-SWISS  
SAFEWAY  
HANES  
DELL  
TARGET  
TOMMY HILFIGER  
BLOCKBUSTER  
GIANT  
LOWES  
J.C. PENNY  
EXXON  
APPLE  
LADY FOOT LOCKER  
HOME DEPOT  
MIDECHE  
HEWLETT PACKARD  
BEST BUYS  
CAR DEPOT

**& LOTTO (Lottery)**

The list could go on, but we hope you see the point. It's time for a change. We have Black Power and we must use it. Open your eyes. No Black person anywhere, should ever feel worthless or have to beg for anything. When Afrikans stand united, wherever we are, we are worth more than any other race or grouping on the planet. **WE GOT DA BOOTY & MUST LEARN HOW TO USE IT!**

# BLACK FACTS



All knowledge is rooted in reality.

There is more oil in Africa than there is in the rest of the world and it is easy to get to.

Individual advancement does not mean advancement for the race. One, two or ten people getting a good job does not mean an advancement to the race.

If people of color start and maintain Black power, White people will panic. They are not so strong. That is why they spend lots of their money on weapons of destruction, terrorism and the cold-blooded killings of people of color.

Of the known mineral natural resources, cobalt, zinc, copper, the metals...90% of all the known metals in the world are located on the continent of Africa. 80% is in the lower half of Africa.

A colonial Virginia law in 1682 prohibited Africans in America from owning weapons. This is one of a series of 17th century Virginia laws that erodes the rights of black indentured servants until they become defined as slaves.

Afrikans people dominate white people numerically and genetically.

The more melanin a person has, than dis-ease become an absurd experience if a person is in the right state of consciousness.

There is no argument or challenge that NUBIANS were all Black people. They are the world's oldest known monarchy, bringing forth twelve pharaohs. The Nubians are the link between the high-culture of Kemet (Egypt) and central East Afrika. The Nubians had little or no foreign influence, nothing from Caucasoid or Asiatic cultures.

The 1<sup>st</sup> Africans to be sent to the New World were not from Africa, they were from the Mediterranean. The Arabs had turned on the Africans that helped them and sold them into slavery.

Afrikans are a BC people.

Arabs are an AD people. Arabs were in the slave trade before Islam came about.

The sun in heaven is Sirius (Sophis). Sirius is the morning star.

Every single religion, no exception, brought into Africa from the outside, did Africa more harm than good.

Sixty-seven percent of all hate crimes in America are against Blacks.

In Hawaii, an aggrieved indigenous population is demanding a change after a century of U.S. rule. Virtually all Native Hawaiians want to repair or even reverse what they see as the unjust and illegal

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U.S. military-backed overthrow of the Hawaiian monarchy in 1893.

The Dogon teach that the true teaching of Theology, show the relationship of all things with the Stars and how we all are interrelated.

The Dogon teach that in order to be able to understand God, we must be able to understand how the Universe operates and we must be able to master the knowledge of the Star Systems behavior with and to each other.

Afrikans don't have a lot of factories, stocks and bonds, but they have land, can feed themselves and drink water if they unite and are left alone.

Wherever the White man has gone, we have been there to greet him.

No Afrikans has to apologize for colonization or slavery. Everything Indo-Europeans did to members of our race-family, they had already done to their own people.

Over 700,000 Black American women are sterilized each year. Of the 750,000 hysterectomies performed each year in the United States, well over 90% of the patients are Black. Their ages are getting younger and younger. Please stop this madness!



### IS THIS TRUE?

Most people in the U.S, of European descent want a White person, male or female, to represent them that acts like a white person, talks like a white person, walks like

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a white person and views them as privileged white people.

Most people in the U.S. of African descent want anybody to represent them that thinks like a white person, acts like a white person, talks like a white person, walks like a white person and views them like a white person, but is color blind!

Can't we all just get along!

**That sh\*t ain't funny,  
it's S-I-C-K!**

## WHOSE THE CRIMINAL?

Booty Adams

More whites are arrested for these crimes than Blacks

**EATING PEOPLE**

**SEX OFFENSES**

**SEXUAL PREDATORS**

**SODOMY**

**RAPE**

**MURDER**

**ROBBERY**

**AGGRAVATED ASSAULT**

**BURGLARY**

**LARCENY**

**AUTO THEFT**

**ARSON**

**DRUG ABUSE VIOLATIONS**

**WEAPONS POSSESSIONS**

**INDECENT EXPOSURE**

**FORGERY &  
COUNTERFEITING**

**OFFENSES AGAINST FAMILY  
& CHILDREN**

**ABORTION**

**DRIVING UNDER THE  
INFLUENCE**

**DISORDERLY CONDUCT**

**LIQUOR LAWS**

**CHILD MOLESTATION &**

**RUNAWAYS!**

**WHITE PEOPLE COMMIT  
NINETY FIVE PER CENT OF  
THE CRIMES COMMITTED  
AGAINST WHITE PEOPLE!  
WHITE ON WHITE  
VIOLENCE!**

WHOSE THE CRIMINAL?

## CRACK HEAD NEWS



**BEWARE: MAY  
CONTAIN EXPLICIT  
MATERIALS  
PERTAINING TO  
CRACK HEADS AND  
NEGRO BEHAVIORS!**

Crack Head stuff is about to be cracked on!

Twilight Zones news- the new millennium has Al Sharpton with a perm and some females sportin' perms sitting in a barbershop with a couple brothers discussing the issues of the day. Next we'll have Snoop Dogg with a perm and some females looking' butch sitting in a beauty salon with several brothers sportin' rollers in their hair, discussing Old Party politics.

The sun rises in the East.

No matter how much money you pay an accountant, a tax preparer, a

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lawyer, or a doctor; no matter how much azz you kiss, no matter what you kiss or no matter how much sex you give up; no matter how far you march, how long you picket, sit in or demonstrate, you are not going to make White people and their government disappear. They'll make you disappear first, before they let the status quo change. Now that's gangster! That's a thug Boo!

You cannot have a broken circle. If it's broke, it ain't no circle.

Slave ownership was transferred from plantations to the federal government and corporations. Check out the amendments Yo. What's up Homes!

If Bill Clinton becomes the Commissioner of the NFL, all the jobs will go to foreigners just like the jobs that were lost with the NAAFTA & GATT bills he helped sign into effect. You'll find yourself rooting for some Canadian, Mexican, Russian or European football players on your home team Yo. You won't be able to afford a ticket, you better pay your cable bill and if you want a job in the 200 billion-dollar stadium...you'll need a college degree just to sell peanuts and popcorn. Bill will be sticking something up your butt and it won't be no cigar Yo.

You can own your own Masters, but if the public can't hear it and you got no distribution or rep...you got nothing Yo!

Feel helpless when youth sell drugs in your neighborhood? That is a shame! How you gonna feel when the youth, that didn't participate in the drug trade, start coming home from foreign lands in body bags? Is there anything you can do for anybody ceptin' your boss-master?

How does it feel to be non-violent and get hit in the mouth and have your azz kicked daily?

Dim wits think the White man's ice is colder, so he can happily charge them 2 to 3 times what everybody else charges. Then, when he's driven everybody else out of business with dim wit support, he can charge even more dim wits 20 times the price for whatever. Ain't that a trip Boo?

**Black GrapeVine news-**In the Americas, a class of professional slaves is developing that has about as much freedom as a pet. This group of people can only travel from dot to dot, having to avoid most of the country for fear of being robbed, raped, profiled, lynched or sodomized. They masquerade and parade around as working class, but have no allegiance to family, relatives and ancestors. They overlook their heritage for designer business suits, designer underwear or designer sneakers. The only way that they can get someone of color to interact with them is for the other person to be getting paid some serious cheddar. Does this sound like anyone you know?

Put a little extra something something in the collection plate. Your church may struggle to have their buildings air-conditioned.

White people that are losing power & white privilege always call Black people or Black groups exerting power racist. Once they called you a upidity nigga and you were lynched by a white mob. Now, all of a sudden, many White people are putting their tails between their legs and calling us the "R" word, Racist. WHATEVER!

This doesn't mean that lynching has stopped. White people still feel that when they have you outnumbered or out-gunned, they must find some way to either terrorize or kill you. Black people globally know that White people are the greatest terrorist and murderers ever to exist on the planet Earth.

Just about 300,000 foreigners slip across United States borders each year, most of them looking for work.

**QUESTION:** If Negroes didn't rise up when their churches got burnt to the ground, what would make them rise up now? **ANSWER:** Tell them their bosses house caught on fire or that Christmas won't be coming this year!

This summer, more Black youth will be wearing White-T's on the streets and beaches instead of the sports & designer T-shirts of the past. Hip-hop Hoochie females will be flopping around in multi-colored T-shirts with their breasts going every which way or either strapped down with a baseball cap & the young boy look. It's called CHEAP FLOSSIN" or whatever!

Back in the day, it was popular for Black females to get tattoos on strange places on their bodies. Your grandmother got a few. Now you know who that strange man's name is on her arm and what those faded looking scar marks are on her legs. One day she might tell you the stories about the tattoos that are on her backside. They say your Nana was something else in her day.

**Go Figure Newz-** Somewhere on planet Earth, there are a group of Afrikans that got stolen, enslaved, beat down and bytch slapped by a group of Americans. The Americans claimed the Afrikans as their property and re-named their Afrikans as Negroes. Somewhere down the line Negro became Nigger. The current generation of Negroes now want to be equal to and the same thing as those Americans that bytch slapped and punked their mothers & fathers. Go figure!

**Wigger Newz-** word has it that the government will "crack" down and declare war on the prostitution and porn industries. Talk is that Condoleeza Rice is best suited to

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be the Madame Pimp Porn Czar who will manage taxing and monitoring all activities done "under the table". All participants in "Red Light" or "Blue Light" districts should be licensed and all necessary "shots" should be administered by public officials to help in gonorrhoea, syphilis, claudia, herpes, HIV and AIDS prevention. With Condo in charge you know all the whore and tricks will do right.

U.S. soldiers in Iraq are getting popped to the tune of about 16 per day. They are surviving, but coming home with some serious injuries. The weapons of the day are no joke.

As soon as a Negro get a little cash money cash in their pocket, all of a sudden they think they a shot caller. The Niggah thinks they can buy anybody. Negroes like that need to be taught some lessons. All Black people ain't for sale like that Yo!

**Black GrapeVine advice-** if you a Hoochie girlz stripper, buck naked and in front of a room full of White boyz on Duke's campus or anywhere else in the world and somebody call you a Nigger...your best bet is to carry your dumb azz home. That is if you got one!

**Homeless people still have a desire for the American Dream just like everybody else. What would make anybody think they have no desire for TimberLands, Air Jordans, Air Force Ones, designer clothes, Victoria Secret underwear, nice Japanese cars, chicken McNuggets, Cover Girl Makeup, Papa John's pizzas and a mansion with many rooms to play computer games in. They just down on their luck, but better keep hope alive until they can flip the script. In the U.S. you might drop your pride momentarily to keep it real, but you had best know when you gotta be**

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competitive and get up with the down strokes Homey!

The United States has become the homosexual Kingdom of planet Earth. Homosexuals from across the planet are on the move to the Americas, especially the United States, seeking escape from what they call homophobia or whatever. Once again the Pilgrims are coming to America.

Moor Black News- now we got broke azz hip-hop Honeys down da club givin' lap dances and brain to other broke azz hip-hop honeys, but on Sunday they find time to head on up to da church.

How does it feel Yo, when every time you try to defend yourself from two-legged "parasites", they call you hostile?

**PROFESSOR X  
LIVES, POPS  
STAPLES LIVES,  
PROF. GEORGE  
SIMMONDS LIVES,  
KIRBY PUCKETT  
LIVES, JUNE  
POINTER LIVES**

The first Negro that can make hair grow on a rock will become a multi-billionaire, a shot-caller and a winner. White men will line up outside their door to stop going baldie. Now we are talking about hair, not mold, weeds or mildew. If you can get fur to grow on a rock, now that's a winner too.

All over Negroes with rapid refunds and loan anticipation checks are getting themselves ready for the trip to Disney World, to see Mickey Mouse, Donald Duck, Goofy and Snow White. It may not be time to get rid of the "N" word just quite yet!

Afrikans as a people are tolerant of other's religion, ethnicity and race,

but that script had better be flipped while there still is a script to be flipped. Hey Boo, do you want to become extinct?

Furtive gangs of masked desperados in foreign lands do not commit the greatest acts of terrorism. Governments and their militaries have always committed the most horrific acts of terrorism in world history.



**IS YOU A MALE OR IS  
YOU A FEMALE? WHAT  
DIFFERENCE DO IT  
MAKE?**

Now is the time to end all female sporting events and just have everybody competing in one game! What difference do it make what sex you are on a level playing field anyway? May the best man win!

Common Sense news- if the White boy calls you a Nigger, either knock him out or bounce to fight another day. Don't go back to his frat house (territory) and think that you are gonna get paid.

No such thing as a mixed neighborhood, It's either going from White to Black or Black to White.

Anybody who can be a pimp can be a parasite. Parasites come in male and female genders.

How does it feel, when everyday you are made to feel less than a man or less than a woman and all you can do is grin and bear it? You

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now might have a clue what somebody's pet dog, horse, cow or chicken feels like. Even worst, you might know how it feels to be a slave, even if you got corporate sponsors Yo. Pets don't have to pay no electric bill Boo.

In 1983, AIDS was first going to be called GRID- Gay Related Immuno Deficiency Disease. Gays did not like that shitz, so they rallied and made the Center for Disease Control back that shitz on out Yo.

Negro leadership is more concerned with building up their "resumes" for White people than doing a damn thing for Black people. Why they hatin' on us? Didn't we put them in office?

In 1803, Thomas Jefferson and Napoleon negotiated the United States' purchase of Louisiana from France. With two strokes of a pen, a fledgling nation barely a generation old doubled in size overnight and became one of the largest nations in the world. France had acquired the land from Spain in 1800. How did Spain get the land one might ask? Now that's a bull shitz question for the wizard of OZ.

More Wigger Newz- Poor White trash returning from Afghanistan, Kuwait and Iraq have had good training for being cops and policing Black neighborhoods in America. I bet you didn't know that Shorty! Where you think those poor azz White boyz & girlz gonna be all they can be. Turn them loose, give them a badge, a gun and a must have walkie-talkie radio so headquarters can call & tell them what to do.

Many of the Negroes, Negresses and whatnot, that have it in their thick heads that they are upper class, don't realize until they are beat down & depressed, that they are NO CLASS WHAT-SO-EVER!

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When Halloween comes, you have to dim the lights and hide in your own home, because you don't want to participate in this demonic ritual. If you don't up the candy, the children of the Damned might bust your windows and kick your doors in. Now you know you can't shoot none of them crumb snatchers.

Just because some byatch breaks you off don't make you a man son! You might still be a TRICK Yo!

Sneakers have replaced Timberlands as the top footwear in Black America. A few Black sociologists predict that PINK SLIPPERS may soon replace sneakers as the Black public's footwear of choice.

Once George Bush leaves office will Condo meet another nice White man or perhaps a White woman to rock her world so that she can live happily ever after?

Drugs will become legal after White people have enough people addicted to them.

The Straw Man owns all your land and possessions. If he hasn't got them, he's trying his best to use his brain to get them.

A well-oiled Tin Man will help the Straw man protect and keep your possessions, because they both know you just a Cowardly lion, frontin' with some knock-offs on!

More white women are on welfare than Black women. On the planet, Black women outnumber white women by at least 13 to 1, but there are more white women on the planet who are homeless, battered, shop-lifters, junkies, drug addicts, pill poppers, alcoholics, lesbians, bull dykes, bisexuals, wife-swappers, prostitutes and baby killers (abortions, infanticide) than the global community has been informed of. White women have no problem writing bad checks and

embezzling funds either. Who needs whose help?

## THE GOSPEL ACCORDING TO AFRIKANS



### (OUR STORY)

The prime directive is "KNOW THYSELF" and activate "TOTAL RECALL". Nobody has to tell us where we came from and how far we have come. We can tell our own story. It is possible to spend a lot of money and go in debt on education and training, yet not know "one" thing about yourself and your kind. These quotes should open a few third eyes and spark some life force. Every month we try to get the best quotes from the best sources so our people can think & analyze critically! We work on the Collective Black Consciousness!

### NO EMOTIONALISM!

The Gospel According To  
Professor George Simmonds

"Afrikans cannot go from slavery, colonization and foreign domination without revolution. It is impossible for Afrika, as a continent, to move itself from colonialism to Afrikanism without millions of people dying of their own kind. The old colonial masters manipulated their mind-set and value system. Do you think that those colonialists are going to just

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walk away without imposing their influences on Afrikans. It's impossible! If you think that Afrikans can change from the mind-set that Europeans have put in place for 50 to 100 years or more and still maintain the economic and financial control of these countries without having bloodshed...you must be crazy!"

### BLACK POWER

The Gospel According To

Dr. Martin Luther King, Jr.

"It is necessary to understand that Black Power is a cry of disappointment. The Black Power slogan did not spring full grown from the head of some philosophical Zeus. It was born from the wounds of despair and disappointment. It is a cry of daily hurt and persistent pain."

### KAMITE EXTRATERRESTRIAL

The Gospel According To

Bobby Hemmitt

"I represent what the Afrocentric movement was suppose to filter into. After we learned the history, we needed to learn the mystery.

The original mystery was all about raising yourself up to the illuminating point. Us becoming GODS! To some of the brothers and sisters in the Afrocentric movement it sounds strange, but they always talk about the mysteries.

The mysteries are nothing but the metaphysics of the occult realm. The alchemical side is the deepest component of the mysteries. The metaphysics is just as legitimate as the historical aspect of things we talk about because we have bibliography. That's the good part about it. Nobody can say that it's not authentic. I knew when I started out ten years ago that I would have

to put text up their ass. The mystery is just as legitimate as the history, because history is just a lie agreed upon!

### **THE MIND / BEHIND RELATIONSHIP**

The Gospel According To

Dr. Leonard Jeffries

“Whoever controls the mind controls the behind. We must take back control of the Afrikan mind.”

### **KEMET FOR AN AFRIKAN WORLDVIEW**

The Gospel According To

Dr. Rkhty Jones-Amen

“Kemet is where we can look to in Afrika to find a model to develop an Afrikan world view, principles and values. Kemet is our most logical choice because in Kemet what we have is a long tradition of written history. Written facts that are verifiable of a very ancient Afrikan civilization. An ancient uncorrupted Afrikan civilization, with enough data to verify it. Enough data to use for reconstructing not only our history, but our social reality. Not only the history of the world, but the social reality of the world as well.”

### **KNOWLEDGE vs. INFO**

The Gospel According To

C. Freeman El

“What you find out about yourself is knowledge. If it doesn’t pertain to your learning about yourself, it’s information, but not knowledge.”

### **DEATH?**

The Gospel According To

C. Freeman El

“We live in a collective psychology that believes in death. We expect to die. The psychological assumption

automatically provides the means to fulfill the dream desired.”

“We live in a power filled universe. A universe where there is no death unless you will it to be. Each one of us chooses to live or die. The universe records when you are born, but it doesn’t know when you are going to die. What I am saying is you can live forever!”

### **CONSCIOUS RAISING**

The Gospel According To

Dr. William Mackey

“You can’t be about conscious raising all of us without stepping on some toes. And the reason that a lot of toes get stepped on is because we’ve been so programmed to be naïve, programmed not to think, programmed to take certain things for granted, because we are afraid to look at things.”

### **THE WASHITAW NATION**

The Gospel According To

Empress Verdiacee Goston

“I am by birth M-U-U-R, from this continent (North America). My people have been traced by the Caucasian, the color-less people, to have been here 3,000 years prior to the birth of their Jesus Christ.”

“You have Black people that have been in South America, ever since the world was. You have Black people that have been in what you call North America, ever since the world was!”

### **INDIANS?**

The Gospel According To

Empress Verdiacee Goston

“When the color-less people came to this area (America) and found us, what they actually did was, they first separated what they call the Indian. They weren’t Indians, because Columbus hadn’t

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discovered India. This was a total new country. There is no such thing as an Indian on this continent!”

“They divided the Red, so called Indians from the Black, so called Indians. They divided you to conquer you and steal your land. The Lewis & Clark expedition was no more than a spy expedition, because they wanted to get to the West and our land set between the East and the West. From the Allegheny Mountains to the Rocky Mountains. From Canada to the Gulf of Mexico.”

### **BOOK OF DEMONOLGY KING JAMES I**

The Gospel According To

Sister Faola Ifagboyede

“King James dealt very, very highly in witch craft. Most of us are familiar with his book the Bible, but he also wrote a book on witchcraft (The Book of Demonology). In this book he deals with the whole art of imitation and explains the Bible. The media is about imitating. Our people are under a spell at this point. So many of us will be loss along the way. If we don’t get this information out to our people, we will go under.

### **CHRIST CONSCIOUSNESS**

The Gospel According To

Amen Ra Kam Kam

“Until you mentally resurrect yourself, you cannot undergo physical resurrection. Meaning the more your consciousness expands, the faster your physical body vibrates. Being saved is a physical transformation. Transforming from your physical body into your spiritual body or Christ Consciousness.”

### **GOOD VIBRATIONS!**

The Gospel According To

Amen Ra Kam Kam

“Creation is vibration. Everything in creation vibrates. When we talk about raising your vibrations, we are talking about expanding your consciousness essentially. When you start to raise your vibrations you can literally feel your...own vibrations.”

### **COURT ROOM WHO'S WHO**

The Gospel According To  
Queen Valahra Renita El Harre-  
Bey

“When you walk into a courtroom as PRO SE, which designates a state ward status as slave, they can send a PROSECUTOR after you. Status determines how they deal with you. When you are in your proper status, you can enter the room IN PROPRIA PERSONA.”

### **VOTER QUALIFICATION?**

The Gospel According To  
Attorney Alton Maddox

“Any Negro that advise you to register to vote ain't nothing but a traitor. That's like advising me to go over to King's County, to go in the emergency room and start cutting up people without a degree in surgery. You can't ask people to vote and you ain't given them a political education. You gotta first have a political education and second a political institution. Anybody that advise you in the absence of establishing both of them, ain't nothing but a buck licking Uncle Tom for crackers!”

“You gotta have a level of intelligence, political intelligence when you go into a voting booth. If you don't have that, you have no business in there. You gotta be qualified for that. Just cause the white man give you the vote, the mere fact he gave it to you, you ought to know it ain't nothing.

When has he ever given you anything that meant anything?”

### **NBA**

The Gospel According To  
Attorney Alton Maddox

“There could not be an NBA without Black ball players. All of the money that these crackers are making in the NBA are on the backs of NEGRO MULES. Cause that's exactly what they are in the NBA. High priced mules of whom everybody is riding. You got agents. You got attorneys. You got accountants. You got television networks. You got vendors. You got the whole nine yards. Hotels, airlines, everybody! A billion dollar industry riding on the backs of some Black men.”

### **REVOLUTIONARY ISLAM**

The Gospel According To  
Dr. John H. Clarke

“You can be a Moslem if you want to, but understand that the Afrikan created a revolutionary Islam. In Arab Islam, no woman ever rose to state power, even today. In Afrikan Islam the women hold state power.”

### **PARASITES**

The Gospel According To  
Dr. Frederick Burton

“Parasites are the no. 1 infection on the planet. Basically a parasite is something that's living off of you to his benefit and your detriment. All people get parasites, but most don't know it. They are not just worms. There are parasitic diseases that tremendously affect the planet that are not worms. All worms are not parasites. There are thousands of organisms that are trying to get into you so they can live.

Parasites get into people by getting into their food and water supply.

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Parasites eat and their defecation has been tied to yeast infections. We have no systems designed to get rid of their waste. This is part of the problem that makes parasites difficult to diagnose and treat. We respond differently to parasites. It is possible that de-worming can clear up acne, ring worm, boils, constipation, allergic reactions, asthma, fatigue and other dis-eases in our system. You have to think about parasites. They are not the only problem, but they are compounding other problems.”

### **CHRIST**

The Gospel According To  
Bobby Hemmitt

“The word “CHRIST”, if you go back and study it according to it's Kamite origin...it could not be on the planet. Because for the Christ to come on the planet, the planet has to seize to be in the physical dimension. It's a cosmic time bomb.

### **THE DARK REALM**

The Gospel According To  
Bobby Hemmitt

“The Dark Realm is the supreme aspect of rising to the Christ hood. You can not avoid not going into the darkness to get to the light.”

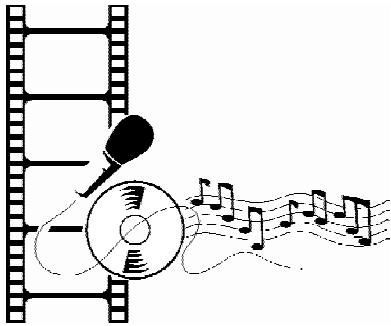
“The only thing the white boy fears is the damn “Dark Side”, which is the deepest part of the Black man's and the Black woman's soul. The realm of the GREAT MOTHER. That's the key!”

### **THE BLACK WOMAN AND THE OPPRESSOR**

The Gospel According To  
Dr. Khallid Muhammad

“When a conqueror conquers a people and vanquishes the men, his next step is to take the women. An

oppressor rules forever by taking the women. The white man wants to rule forever perpetually. You can't tell me the white man hasn't taken the Black women. He has the Black woman. Only a few Black women stand up today to gain control of themselves and their lives and their minds and their destiny again. And to lock in with their Black man. The overwhelming majority...the white man has them. He then puts his ideas and ideals into the head and the heart of the Black woman. Subconsciously she passes on to the Black life from her womb, the ideals, the philosophy, and the ideology of the White man, the oppressor."



## ANGEL

Jimi Hendrix

Angel came down from heaven  
yesterday  
Stayed with me just long enough to  
rescue me  
And she told me a story yesterday  
About the sweet love between the  
moon and the deep blue sea  
Then she spread her wings high  
over me  
And she took me way over yonder  
And I said:  
Fly on my sweet angel  
Fly on through the sky  
Fly on my sweet angel

Tomorrow I'm gonna be by your  
side

## WHERE ARE YOU GETTING YOUR REALITY?

Chuck D

"The real-estate of the new  
millennium is your mind, and you  
are allowing the airwaves to  
program it."

## THAT THING

Lauryn Hill

"How you gon' win when you  
ain't right within

Come again"

## COME TO MY HOUSE

Booty Adams & the Fat Blunt Band

We were over your house getting  
high

Never even knew the day went by

Remember how we played those  
silly games

Mother, fathers, house and rhyming  
names

Well I suppose its time to call it a  
day

Tomorrow come to my house and  
we'll play

Flower child you have a heart of  
gold

Something reaching way down to  
my soul

If my heart should ever jump the  
track

Do you think you'll take my heart  
back?

Don't answer now 'cause I must  
call it a day

Tomorrow come to my house and  
we'll play

Fascinations become a part of me

## The Nubian Times

A guiding light to help my eyes to  
see

Its nice to know that sometimes  
you've got a friend

Someone help you make it to days'  
end

Now I better leave cause I'm not  
sure what to say

Tomorrow come to my house and  
we'll play

Tomorrow come to my house and  
we'll play

Tomorrow come to my house and  
we'll play

## IMITATE?

The Gospel According To

Bobby Hemmitt

"We've had enough time to imitate  
white people to see this shit don't  
work!"

## YOU JOKING?

The Gospel According To

Bobby Hemmitt

"We know that white folks have  
murdered millions of our people  
and then we are told to accept their  
way of life?"

## SEXUAL KUNG FU

The Gospel According To

Dr. Sunyatta Amen

"We can view sex as a community  
endeavor, as the fulfillment of our  
ancestors goals and aspirations for  
us, because we are continuing their  
work. Not just by producing  
children, but by creating energy  
between ourselves and someone  
else that is for our spiritual,  
physical, mental and emotional  
upliftment if we use it properly.  
Unfortunately, we never get that  
kind of training."

## REPARATIONS

The Gospel According To

Professor George Simmonds

“I was one of those people that at one point was very strong for reparations. Now I am anti-reparations. Strange for a fellow like me. Reparations is a repayment for damages done. Once we agree to accept them, Europeans are free. Afrikans than have no legal right, moral or otherwise, to bug them about what they have done. Other people that got reparations were organized. Afrikans in the United States are not. The time to want reparations is when we become organized and have a purpose for it. Do you think that white folks are just going to sit back and let you come into your rightful place?”

**THE POWER TO PREVENT**

The Gospel According To

Dr. Amos Wilson

“No matter how you explain why or how the European got to the point of victimizing us, I think the central issue is that the European victimizes us because he can. Because he has the power to do so. And we are victimized because we haven’t developed the power to prevent his doing so. We can end his victimization of us, when we end his power to do so. In addition to studying Black history and culture, we need to study “POWER”. Power’s accumulation, power’s use and power’s application. We should talk about it everyday & everywhere. Develop the means for using it.

**POWER**

The Gospel According To

Dr. Wade Nobles

“The definition of power is a psychological question. It is not a military question. It is not an economic question. It’s not a social question. It is a psychological question. Power is the ability to

define reality and to have other people respond to your definition as if it were their own. Our dilemma, our problem is that we allow other people to define the meaning of who we are. And once we accepted their definition we gave them power.

“The most important reality to define is the meaning of one’s human being-ness. That’s nobody’s conversation but ours. We can’t even allow them to enter in the possibility of engaging in conjecture. They can’t even wonder about what it means to be Afrikan people unless you Afrikan. That’s nobody’s business but ours.”



**RACIAL PROFILING?**

- (DWB)  
Driving while Black or Brown
  - (WWB)  
Walking While Black or Brown
  - (SWB)  
Shopping While Black or Brown
  - (RWB)  
Running While Black or Brown
  - (FWB)  
Flying While Black or Brown
  - (HACWB)  
Hailing a Cab While Black or Brown
- For definitions please visit:  
ADCopwatch@againstthewalls.org

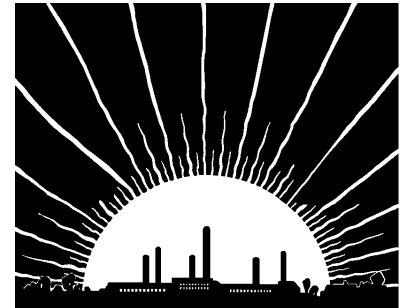
**We’d like to add:**

- (REWB)  
Reading While Black or Brown
- (LWB)  
Laughing While Black or Brown
- (CWB)

**The Nubian Times**

Clubbin’ While Black or Brown

**EUROPEAN FACTS**



**(SUBURBAN LEGENDS)**

The United States is the homosexual capital of the planet Earth. Homosexuals have and still are migrating by the millions to the United States to find safe haven from what they call “homophobia” in other countries. Other countries have been supplying them, rich or poor, educated or uneducated, with an exit visa, a passport and a free one way ticket out, as long as its to the United States.

Europeans do not recognize childhood. What they do recognize is property. From cradle to grave young people are identified as the property of somebody’s state.

The United States has the largest air force in the world with 6,042 aircraft as of late 2005. This includes 182 bombers and 2506 fighter and attack aircraft. The U.S. also boasts the most technologically advanced air force in the world.

One day Caucasians will realize that their War on Terrorism was just another “game” to help them easily give up their freedoms without a fight. Then they will be more able to terrorize themselves and no one will have the guts to dare speak out.

White youth ages 12-17 are more likely to sell drugs: 34% more

likely, in fact than their black counterparts. And it is white youth who are twice as likely to binge drink, and nearly twice as likely as blacks to drive drunk. And white males are twice as likely to bring a weapon to school as are black males.

Caucasoids are always trying to set themselves up as police, judge, jury and executioner for behaviors in other countries.

Corporate mergers by Europeans is a sign of weakness. Africans and Asians are making them shrink, by creating the conditions that don't allow Europeans to make profits or exploit other people's land. Europeans no longer control enough people or resources to remain major players much longer in a global economy.

Obesity is a major problem in Western countries.

Ten of thousands of members of a racist legion operate openly in every corner of the United States—men, women, juveniles, extended families, cells, gangs, churches, clans, militias, border armies, all engaged in what they consider to be a war to the death against non-white America.

Europeans repeatedly show themselves as a bloodthirsty people with few exceptions. They believe that their God approves their having and using large militaries with weapons of mass destruction.

The United States is also the pedophile capital of the planet Earth. From sea to shining sea, young children are under attack by adult males and adult females that are looking for and stalking children that they can have their way with sexually. From shopping malls to playgrounds, from chat rooms to churches and places once considered sacred, safe havens for children, pedophiles have been caught lurking on camera. The

government is having a hard time keeping track of known pedophile movements, but as the numbers of missing children grows, the situation is becoming desperate, with no solutions in sight.

Thirty percent of U.S. adults 20 years of age and older, over 60 million people, are obese. Among children and teens aged 6–19 years in the United States, 16 percent (over 9 million young people) are considered overweight.

White people in the United States have managed to pass all kinds of laws on terrorism, but have no clear cut definition of what terrorism is.

The British Air Force (RAF), the second largest air force in the world, has approximately 942 aircraft. Already one of the most technologically advanced air forces in the world, they also purchased 232 Eurofighter Typhoon F.2's to stay ahead in their game.

Slave is from Slav. So many Slavic people of Europe were enslaved that the word Slav came to mean slave.

Europeans enjoy communal festivity where all the males and all the females enjoy sexual happiness without any distinction of father & daughter or mother & son or brother & sister. They have no common source or relations by blood. Once you get pass the phony image of Hollywood, they are still just cave people.

China has the third largest air force in the world, with many antiquated planes. India has the fourth largest air force in the world and has done much modernizing.

## The Nubian Times



**NO HUFFING  
ALLOWED!**

“JUST SAY NO!

Huffing is the name given to the sniffing of inhalants to get “high”. The inhalant can be glue, paint, spot remover, finger nail polish or even gasoline. Huffing is an activity that is usually done by white people.

Statistics show that one of five white eight graders have tried huffing. Many of the users die, but this preoccupation with getting spaced-out is dangerous and goes past adolescence. “Huffers” have been known to get behind the wheel of cars, have an accident and cripple or kill others. **STAY OUT OF YOUR MOTHER'S KITCHEN CABINET AND DRAWERS WHITE BOYS & GIRLS! JUST SAY NO TO “HUFFING”!**

**THE  
BLACK IQ  
SELF-TEST**

Please remember that the test is a global one. 24/7. Every second of the day & night someone is either taking the test or doing research on the questions and answers. It was on paper first and foremost.

**AMUN is satisfied!**